



Ingredients:

1/2 cup pecans, finely chopped
1/4 cup ground flaxseed
1/2 cup any nut/seed butter (e.g. almond, sunflower)
Splash vanilla
1 Tbsp honey
1/2 tsp cinnamon
1/4 cup shredded coconut, unsweetened

Preparation:

Blend all ingredients (except coconut) in food processor or mixer.
Form into bite-sized balls and roll in shredded coconut.
These freeze well. Thaw prior to serving.